

# FACE COVERING DO'S AND DON'TS



## Do's:

- Make sure you can breathe through it
- Wear it whenever going out in public to work at or visit an essential business
- Make sure it covers your nose and mouth
- If cloth face covering, wash after using



## Don't:

- Use if under two years old
- Use surgical masks or other PPE intended for healthcare workers



Persons working in or visiting grocery stores, restaurants, pharmacies, construction sites, public transit vehicles, vehicles for hire, and locations where social distancing measures are not possible shall wear facial coverings as defined by the CDC. A facial covering includes any covering which snugly covers the face and mouth, whether store bought or homemade, and which is secured with ties or ear loops.

Persons should not utilize N95 rated masks, as those are critical supplies for health care workers, police, fire, emergency management, or other persons engaged in life/safety activities. Persons who wear masks should review the CDC and Florida Department of Health guidelines regarding safely applying, removing, and cleaning masks. A mask shall not be required for children under two or persons who have trouble breathing due to a chronic pre-existing condition.

Individuals in Miami-Dade County who believe they may have been exposed to COVID-19, should call the Florida Department of Health at **305-324-2400**. If you have a medical provider, call them. If traveling to a medical office or facility, call ahead.

For questions about COVID-19 in Florida, please call the Florida Department of Health at **1-866-779-6121**.

For more information, visit [miamidade.gov/coronavirus](https://miamidade.gov/coronavirus)

**FOR A MEDICAL EMERGENCY, CALL 911**